

Monty Python's Eric Idle on Pancreatic Cancer, The Dodgers and Death: The Musical

S1 Ep 57

On this episode of Bedside Matters, the legendary Eric Idle explains how a Dodgers game and “Death: The Musical” led to his pancreatic diagnosis. He also reflects on his friendship with George Harrison and what he wishes he had done for Robin Williams. Then he reveals the #1 song played at British Funerals.

Peter: [00:00:33] Hey, everybody. Welcome to Bedside Matters, the podcast that addresses the medical issues that impact every single one of us every single day. We'll hopefully give you the answers you're looking for so you can be more informed and healthier. I'm your host, Peter Tilden, joined by Anna Vocino and, of course, Dr. David Kipper.

And today we have a very special guest. He is an actor. He is a writer. He is a producer. He is a comedian. He's a musician. He's a member of Monty Python. He's a member of The Rutles. He's won a Grammy. He's won a Tony. And I can do this for a long time and we'll never get to him. Let's say hi to Eric Idle.

Eric Idle: [00:01:06] Hey. Hello. One of the things I'm not qualified, which is a doctor.

Anna: Welcome.

Eric Idle: I am happy to answer any people's questions if they want to call.

[laughter]

Anna: [00:01:14] Q&A for Eric Idle, but only medical questions, please.

Peter: [00:01:18] That's terrific. Well, you look healthy. You look healthy and happy.

Eric Idle: [00:01:20] Yes, because I've been in Europe.

Peter: [00:01:22] And Europe makes you healthier, is that the key?

Eric Idle: [00:01:24] Oh, absolutely. You don't have to listen to all that rubbish on the news, breaking news every 12 seconds about Donald Trump. That makes you very ill. America is actually sick. They've all got Trumpitis.

Anna: Oh, dear.

Eric Idle: The disease, it spreads amongst everybody. Of course, there is a cure of it, but it's a simple one.

Peter: [00:01:41] So, I'm curious. There's so much to discuss about your childhood and how you became who you became. But Monty Python did a lot of political stuff. It was all punching up. It was making fun of the system. Is it all based on an anger that turns into humor?

Eric Idle: [00:01:56] Yes, I think so. I think it was satire. I think it was at the time it was satire. Now they just think we were being silly. But actually we followed a satire boom in England, people like Peter Cook, and we came along afterwards. And so obviously we couldn't do satire. So what we did was generic types of people. You know, medics or military or religious or...

So what's good about that is that people still watch it, whereas if we'd done the real people, it would be watching a Saturday Night Live rerun on and wondering why Gerald Ford is funny. You know, we don't know. So we're not topical. But that was great for us for the fact that it's still on after 50 years, which is an incredible thing, really.

Peter: [00:02:45] No kidding. But you know, I'm looking at you. It's really interesting. I always like to see the person that you became. I've read your books, huge fan of Monty Python live shows, the documentary, saw you do the Olympics. But you wouldn't necessarily know that as a kid your dad died when you were young.

So the depression there and your mom had major depression. And, David, we talk about depression a lot. And the fact that they didn't send you away to a place that did not sound like a party. This was not, this is not a place... And yet out of that, you managed to get to a college and write, that would not seem to follow a through line that would be so easy.

Eric Idle: [00:03:18] I think it might, because you might argue that the more difficult background you have, the harder you have to struggle, the better you will do, because you have to struggle hard and you're not taking anything for granted. You don't have parents who've done things, you know what I mean? There's nothing in front of us. There was only forward. I was 12 years at a boarding school in Northampton and had detention.

It was very, you know, a hundred yard-long dormitory. And you were beaten for breathing, really. It was tough, but it was I think I learned everything there. I think I was also in the military. So once a week we'd have to be in the military, wear uniforms and, you know, shoot rifles and climb over mountains all day. So it was actually quite tough. But I think in a way, it prepared me for almost any other experience, but especially filming, which is not dissimilar to the way you wait around forever and then you panic, which is hurry up and wait.

Anna: [00:04:16] Yeah, that's true.

Eric Idle: [00:04:17] And also being in Python, a bunch of men, males who are very difficult people, you know, and to get along, be able to get something done. I think a lot of that was due to, and I wouldn't have said it before I was 80, but I think I learned a lot from it. And it, the experience actually helped me get to Cambridge, which nobody ever got to Cambridge in my school -- they went to prison, but I couldn't get in, I failed the medical.

[laughter]

Eric Idle: [00:04:55] But, you know, so it was, if you look at it, I mean, you think, well, that was only 19 years and, you know, from 7 'til 19. And I think the thing is this, that the theory is that comedians are made by maternal abandonment. And I don't know how true that is, but you could certainly argue, from my point of view, that was true because, but it's early maternal abandonment, not like when you were 7. It's more like when you're a few months old, I think, or a couple of years old, which is when my father was killed hitchhiking home from the war.

Anna: What? Oh, my gosh.

Eric Idle: Which is the most ironic thing you could ever imagine. No wonder I'm a comedian. That's really funny, isn't it? Cut from the war from World War II from 1941 in the RAF, going round the world in planes and to get killed hitchhiking home for Christmas. So that was kind of like funny, to be honest.

Peter: Yeah, I guess!

Eric Idle: That's actually quite amusing in a cosmic way, put it that way.

Peter: [00:06:00] Great, I got it. I got it.

Anna: [00:06:02] Cosmically hilarious.

Peter: [00:06:04] But what about the DNA? I mean, Mom suffered depression even when she was around you. I mean, David, what about depression and DNA? And growing up with that depression, do you find that genetically that you are predisposed to that or, no?

Dr. Kipper: [00:06:15] People are genetically predisposed. That does run through family lines. But there are also, if you look at Eric's childhood and I'm depressed just hearing that story and I don't have it in my family, so it could come from odd places, but, yes, it certainly can run in families.

Peter: [00:06:35] And does that plague you, Eric? Do you get that from your mom? Do you have a genetic predisposition?

Eric Idle: [00:06:40] I understand where it comes from, because my mother comes from a family up north and there were five of them. There were four sisters. And I can see now in my siblings, some of them are bipolar. Many of them are bipolar. Not everybody, not all of them.

But in one of the families where there's two children, sometimes just two children, sometimes just one or two of the four. So you can actually trace, our family is a perfect line to trace. And I think it came, oddly enough, my great-great grandfather was a ringmaster of a circus. And I think it comes from him or the young women he married, who has the five children.

I think it's genetic. I'm sure we'll get to that very soon. I think we'll have cured this in 30 years, don't you?

Dr. Kipper: [00:07:33] Two things, I think to that point, Eric, one is going to be the diagnostics. We're getting smarter about understanding these diseases and catching them early. And another the therapeutics and the mRNA vaccines are going to play a big role in attacking cancers.

Anna: [00:07:51] How so?

Dr. Kipper: [00:07:52] So well, because they're going to, what they do is that they identify a protein on a bad guy, the cancer cell. And they can actually take part of that protein and

they can duplicate it and make a million copies. And those million copies stimulate the immune system to come fight it.

And they're not just fighting the copies, they're fighting the cancer. So this is the theory. And they've been looking at mRNA vaccines for cancer over a decade. It's not new technology, but it is it is coming soon.

Anna: Great.

Peter: [00:08:29] To that point, can you talk a little bit about, I've heard you talk about it, about the early diagnosis you got and the diagnosis when you got it, how you took it, and also what you named it?

Eric Idle: [00:08:41] It involves one in your company here today. We did very well with Spamalot. You know, it opened on Broadway. It ran for four years. It was fabulous. So what was I going to write next? So I came up with an idea. I thought it would be very, very funny. Everybody was adding "The Musical" to everything. So I thought, well, I'll be really funny to make "Death: The Musical."

[laughter]

Eric Idle: [00:09:05] Of course, it's funny to us, but try selling that for 20 years, by the way. So what I did, I realized that it was about somebody putting on this play called "Death: The Musical," so somebody would have to die. Somebody had to die. It was 2007. So I went with David and he took me to a Dodgers game.

I went, "I have to get rid of a character very quickly. What is the quickest way to get rid of a character?" And he said to me, "Oh, pancreatic cancer every time. You may only have three weeks." So I said, "Oh, that's perfect."

So we sit down, we watch the game. I've got my answer. So I go back and I write, that guy dies of pancreatic cancer in the play forever. And we have several readings. Nobody wants to make it. All the songs are great. All of the above. So you then flash forward to 2019 and we still haven't sold this thing. And David, who is my doctor, is very keen on preventative medicine and he, you know, you go and do various things and tests and he now the test he wanted me to do was an MRI.

So I went along for the MRI and I came out and they said, "Just come in here a minute" and now he showed me something on the screen. And I said, "What's that?" He said, "It's pancreatic cancer." And I laughed because it's funny. It's like the guy who's writing the play about it years ago has found a perfect way to kill off his character. Now he's getting, from the same doctor, he gets the same diagnosis of pancreatic cancer. So, anyway.

And it was really we were lucky because he spotted a blood test on the CA 99, he spotted that, an elevated number on a blood test, which is why he asked them to add contrast and why they spotted it. And there it was. So what was then? He found a great surgeon that I was in in about five or six days. It was only 1%. They have no statistics for it. Yeah, my wife said, "How? What are the odds?" She said, "Well, we actually don't have any statistics for this."

It's so early. It's unbroken. It's not spread around. It's not, you know, so we and David said, 'We've got a very good chance at getting this all out.' And indeed we did a few days later with a brilliant surgeon and they've helped me. David has too.

And we were helping work for Stand Up to Cancer. He already does it. Dr. Nissen, does that, but I do too now help him, you know, to raise money to help fund the research and the various things that we're learning about it. Because now I could alter the end of my play because he didn't have to die. So there's a kind of a good news to that story too. The rewrite I did this summer, he actually gets a reprieve.

Peter: [00:12:01] Amazing. Well, it's good for a number of reasons. It's good that you're here to rewrite the play. Let's put it that way.

Eric Idle: [00:12:07] Well, it gives you better ending, you know.

Peter: [00:12:09] That's stunning. How hard was the surgery?

Eric Idle: [00:12:14] It was very easy. All I did was count backwards from ten.

[laughter]

Eric Idle: I only made it to four. You know, I mean, people say that, but actually you are the patient. You do nothing. You have to be patient. That's all you can be. So it actually was the worse was that one of the other doctors wanted me to then get onto chemo and they persuaded me that I should do this because it would improve my chances of survival by one in four, I think.

So, anyway, he made me do chemo and it was so bad they put me back in Cedars. I had to go back to the hospital. So I said to him, "Now, look, I don't care. I'm not doing any more of that chemo. I'd rather die than chemo at this stage in my life." I want to go to Provence. He said, "Go to Provence, it's better than chemo."

Anna: [00:13:05] For sure. That's their slogan.

Eric Idle: [00:13:09] Been my slogan ever since: "Provence: Better than Chemo."

[laughter]

Peter: [00:13:17] What brilliant marketing.

Anna: [00:13:18] I don't want to gloss over because this is a medical podcast. You said the CA 99 test. Is this a test that's regularly ordered by doctors? Because it sounds like. Holy crap. Yeah, Dr. Kipper orders that.

Dr. Kipper: [00:13:32] It's 19-9. CA 19-9.

Anna: [00:13:38] Great. And can you just ask your doctor for that? And why would you? Or is it something like...

Dr. Kipper: [00:13:43] Yes, you can. And what's interesting about that test is that this is a marker in the blood. We have several biomarkers for cancers that are somewhat specific,

but not totally. This one is specific for the pancreas, but we generally use these biomarkers to follow treatment.

So let's say Eric had the cancer, went through chemotherapy and his numbers were elevated, we would use that initial number to see if his therapies were bringing down that biomarker.

So a lot of doctors don't do this as a diagnosis. I do this because I think that if you establish a baseline when people are healthy and, God forbid, something does happen where that number starts to climb, then you have you have reason to look a little further, like with an MRI of the pancreas in this case. And just make sure everything is okay and have that baseline.

And in this case, unfortunately... and Eric's wasn't all that high, but it was high enough that it made me a little suspicious. Actually, what happened with Eric, and, Eric, please correct me or stop me if getting too much information. But Eric had a little spot on his kidney on the scan and his pancreas on a CT scan didn't show up at all because it's not sensitive for the pancreas.

So because he had a spot on his kidney that was going to either be a cyst or a cancer. So he went in for an MRI of his kidney to differentiate whether he was in trouble or he had a benign issue. But, as he was climbing into the MRI, we added some contrast so I could get a good look at his pancreas, given that test. And that's where it showed up. So there was a good news/bad news to this information stream for Eric, where the good news was you don't have kidney cancer. But then there was the bad news.

Anna: [00:15:42] You got the other one.

Eric Idle: [00:15:43] I mean, it is a brilliant spot, actually, because of his hunch and because of putting the contrast in, it discovered that I had pancreatic cancer. And had we not done that, I would have been walking around a walking dead man, really. When would it then next have shown up, David? It probably wouldn't, right?

Dr. Kipper: [00:16:04] Would have shown up with symptoms as it started growing, or although the pancreas is a funny-looking little organ, it looks like a dog. It's got a head, a body and a tail and two thirds of Eric's gland, Eric, if I may give specifics, his body and tail of his pancreas were packed with cancer. So there wasn't going to be a long time between that evaluation and Eric having symptoms.

Peter: [00:16:34] And what would the symptoms be, David? Just so people know.

Dr. Kipper: [00:16:37] It's abdominal pain, nausea, some people it's just weight loss and fatigue and sort of failure to thrive. But it's, they're dramatic symptoms. They don't respond to simple things like antacids and things that we give people for these generalized symptoms.

Anna: [00:16:57] And, Eric, you were asymptomatic. You weren't experiencing any of those symptoms?

Eric Idle: [00:17:01] No, no, I was absolutely not. It was just it was that that led me to be suspicious, which led to him, you know, really saving my life. It was unbelievable. I mean,

he said to me afterwards, in fact, quite recently, he said, you know, if we'd left it two weeks, you wouldn't have been in to see that doctor.

Anna: [00:17:19] Well, that's my next question for you, because it sure seems like, I mean, I've followed your career. You've always seemed like a dude with boundless enthusiasm. And I love that about you. But, do you have, like a renewed lease on life, or are you like, "Holy crap, I did it"?

Eric Idle: [00:17:34] No, no, I have a... It's very interesting. It's like I had a reprieve and I feel like that. And it's good about everything. I don't get angry with people. It's easier to say, "You know what? I'm kind of lucky to be here. And I got this little period extra. And I'm going to use this as well as I can and not, you know, piss around."

You know, I was lucky. I was very, very fortunate. I mean, I really was. And, you know, so I have been lucky and I feel lucky and I feel that you should share that luck, which is why I worked with David and Dr. Nissen on raising money for cancer awareness and Stand Up to Cancer and all that. That had not been part of my life and so it is now and I like that. So I think I was, yeah, I was lucky. I was very lucky. I was very, very lucky.

[music]

Peter: [00:19:24] I was reading in preparation for today about your friendship with George Harrison. The interesting thing about him, you said he was your mentor because to this point, he was always prepared to die. He would always say, "Eric, calm down, you're going to die."

Eric Idle: [00:19:35] Absolutely. That was one of the first things he ever said to me. And he said it all the time, because I think he was preparing for his death all the time. He said, you know, "You can have all the money in the world. You can be the most famous people in the world. But you're still going to have to die."

And that's what he came out from the Beatles learning. He knew that from there. And then so I was with him at the end. I mean, we saw, we were here and he was comfortable. He didn't want to... He thought he had been spared – rebirth -- because he was Hindu and that was a good thing.

I said I'd do anything to be reborn, you know, but that was the end of things we ever disagreed on. You know, apart from anything else, he paid for the Life of Brian movie entirely. So he was a remarkable fellow, George. I was very lucky to meet him in 1975, and we were very close friends right 'til the end. And, like I say, I was with him at the end, which was kind of interesting, you know.

Peter: [00:20:34] I would think. Well, you were bonded. The bonding seems so obvious that you were in a group where everybody is a team and you have to fight as a single guy to get in your comedy. And I've been in writers' rooms where they will not laugh at your jokes. And George was trying to pitch songs to Lennon and McCartney.

Eric Idle: [00:20:50] Exactly. He came to see us on the set of the Life of Brian, and he said, "How are you doing?" I said, "It's hard to get the camera with John Cleese and Michael Palin." And he said, "Can you imagine how it was trying to get into a studio with Lennon and McCartney?" "Enough said. Say no more."

Peter: [00:21:09] What a wonderful relationship. You also were really close, and it was sad with Robin Williams, too? Very, very close friend.

Eric Idle: [00:21:14] Yeah. Yeah. Robin was great. I met him in 1980. We were very good friends. And, again, you know, it was so sad at the end. I tried to get him... We were doing a reunion of Python in 2012. And I kept trying to get Robin to come. And, you know, I nearly did for the last show because we had a little celebrity bit that we do.

But then he said, "Oh, I can't, I can't, I can't" and then so that was so tragic. So I wasn't keeping my eye on the ball because I was directing this thing as well as being in it. So I hadn't really realized just what a bad mess he was in. And really only Bobcat Goldthwait was keeping him alive, really. What do you call it?

Peter: [00:22:02] Lewy body dementia.

Eric Idle: [00:22:03] Yeah. I mean that was not really known. And he was being treated for Parkinson's, which didn't help. So it made him very paranoid and very depressed and he couldn't the words, and for Robin, who was a master of the words, it was just an awful thing. I miss him every day. He was... We shouldn't have let him go.

Peter: [00:22:26] With Lewy body dementia, what's the awareness like? There's Robin, when somebody has it and you can answer that because you knew Robin. Did he know that he was losing it and couldn't remember? Or does it slip away and you don't notice it?

Dr. Kipper: [00:22:37] He would know that he was losing it. And people cover up. And but again, the dementia with Lewy body is common to a couple other things. People do get this in Alzheimer's. It is a form of Alzheimer's. People get this in dementia, just vascular dementia. And with aging, we lose this. And so in the beginning people think, "Well, I'm just going to compensate for this in ways that I can." But then it gets to a point, like Eric said, where he was, here was a guy that was a wordsmith and the words were gone.

Peter: [00:23:15] And you are aware of it, you're reaching for the word and you don't know the word and you know that you can't reach the word.

Dr. Kipper: [00:23:22] Yes.

Eric Idle: [00:23:24] He didn't want to come on stage and be funny and that should have rung a bell with me much louder than it did. You know, we were doing a show and it was, you know, crazy as it was, but, yeah... It was a very bad thing. It was very sad. It's a live person, just a really great live wire human being that brought joy to everybody, you know. And very nice fellow. Really lovely person.

Anna: [00:23:54] Yes.

Eric Idle: [00:23:55] And this was just unexpected and horrible. Really bad thing.

Peter: [00:24:02] Hey, Eric, before we let you go, can we do a little bit of a lightning round with questions for you?

Eric Idle: [00:24:06] Yeah.

Peter: [00:24:06] Ever choke and need the Heimlich?

Eric Idle: [00:24:13] No, not yet. No, I haven't done that.

Peter: [00:24:16] Ever have to give the Heimlich?

Eric Idle: [00:24:18] No.

Peter: [00:24:20] Now, is there anybody that you can single out that you'd like to give the Heimlich to?

Eric Idle: [00:24:24] How about some people I wouldn't give the Heimlich to?

[laughter]

Eric Idle: I'd pass by on the other side and say, "I don't know how to do it."

Peter: [00:24:35] What's the healthiest thing you do?

Eric Idle: [00:24:37] The healthiest thing I do is swim. And I eat well, I haven't eaten meat since 45 years, so, I'm a pescatarian. And I exercise, obviously, very important.

Peter: [00:24:51] And what's the least healthy thing you do?

Eric Idle: [00:24:54] Oh, probably comedy.

[laughter]

Anna: [00:25:01] That's the most dysfunctional thing.

Peter: [00:25:05] What do you do to relax? Like when you want to shut down?

Eric Idle: [00:25:07] Oh, I play guitar. I have lots of guitars. And I've actually counted them up because we had to move recently. And I had 27 guitars.

Anna: [00:25:16] Wow.

Eric Idle: [00:25:17] I know. And I had three in France. So that's 30. So, you know. Well, you know, when you get to my age, they are lovely things that are beautiful bits of furniture. They are all different. You've got a guitar, right?

Peter: [00:25:29] I've got them. I love looking at them. I have a Beatle bass that somebody got me and I just love looking at it.

Eric Idle: [00:25:35] They are lovely things. I only ever have acoustics because I think they're beautiful and I have handmade ones. The other thing is, I read a lot. I read a lot.

Peter: [00:25:44] What changed you? If there's a thing that you can put your finger on, what changed for you during Covid?

Eric Idle: [00:25:54] I'm not sure. I mean, I'm used to being locked up because I'm a writer. So it was actually not much different from my normal life. I stayed home. My wife was home. You know, I'd do my regular writing.

I mean, we were very fortunate, because we had a lovely house, you know, a pool, and we could walk the dogs, so it was actually not... We were very, very fortunate. But, you know, I think I miss people most. I would have to say I was glad it was over, but I don't mind being, I have a you know, what I like about France is, I have a place where I can be alone for a month if I want to write. You know, nobody bothers you, they don't come up the drive. You know, it's fabulous.

Anna: [00:26:41] When do you usually write in the day?

Eric Idle: [00:26:44] In the morning. First thing. I wake up. Soon as I wake, I start to write.

Anna: That's awesome.

Peter: [00:26:49] And then on the last thing is brain chemistry. David talks about brain chemistry all the time. I'm curious. Are you -- you overthink stuff? Or do you just let stuff go? Just let it roll?

Eric Idle: [00:27:03] Thinking's a large part of what you do if you're creating something like a musical. You know what I mean? There's so much to think about. For example, I was in France. I had a whole month of just... Nobody came. I could wake up at any time of the day or night. If my brain was awake, I'd carry on writing.

And when it was sleepy, I'd stop and sleep and nap and eat. But I could, it was... Your subconscious takes over, you don't stop thinking. It just solves some problems you didn't realize in the morning. There it is. There is the solution. Something's gone, believe it. But it's done for you. So, you know, I... That's not overthinking. That's using your brain, hopefully.

Peter: [00:27:48] So, David, is he more serotonin or more dopamine?

Dr. Kipper: [00:27:51] I think Eric's both. I think Eric's a good hybrid where he has some of those brain chemistry issues that he seeks stimulation and some of those serotonin transmitters that seek calm and introspection. I think he's a really down the middle kind of guy.

Peter: [00:28:13] Yeah, it feels so balanced. So, Eric, do you have any questions for David while you got the doctor on?

Eric Idle: [00:28:18] No, I think I've seen him recently. I went to see him again, because he's a good pal of mine. So, I'm sorry about the Dodgers. That's all I have to say. And next time, take me, you know.

Dr. Kipper: [00:28:35] And don't ask me any health questions at the game, please.

Eric Idle: [00:28:37] Exactly.

Anna: [00:28:38] Yeah. Stay out of it.

Dr. Kipper: [00:28:39] I just want to say, you know, I've known Eric a long time, and some of the things, one of the things we didn't talk about is what an amazing family person he is

and how committed he is to his friends. And he's a wonderful friend and just a wonderful person. I'm blessed to have Eric in my life.

Eric Idle: [00:29:00] Well, you know what you did to me? I wouldn't be here.

Peter: [00:29:07] That's true. And who would we be talking to?

Anna: Just each other. And we wouldn't like that.

Peter: [00:29:13] Eric, thanks. I mean, I don't know, how do you express what you, what Monty Python, what your humor, what your brilliance and your music has meant to people for this long? I mean, it's incredible how enduring and how powerful, you're known and beloved globally. Not that many people have that.

Dr. Kipper: [00:29:30] Eric, Here's something that I think is worth bringing up. What is the number-one song at funerals in England?

Eric Idle: [00:29:38] Well, the number-one song at funerals in England is "Always Look on the Bright Side of Life" for the last 20 years. I think since the Queen died, I think they've gone back to more hymns and things, which is a terrible thing.

Anna: [00:29:53] Regular dirges?

Eric Idle: [00:29:53] Yeah, I think she would have liked. I sang "Always Look on the Bright Side" to her at the Royal Variety Show, and I made her laugh, so it was great.

Peter: [00:30:01] And was it awful for you sending people around to funerals to collect the royalties?

[laughter]

Eric Idle: [00:30:08] You know, that's it, isn't it? Twenty years of being number one and not a single penny in royalties?

Peter: [00:30:15] "Excuse me, Mrs. Gleason, I know you recently lost your husband, but there's a matter of \$5 for the song."

Eric Idle: [00:30:21] As soon as I can get people to charge for funerals, then we'll be in business.

Peter: [00:30:26] That'll be the best. Oh, my gosh.

Anna: [00:30:29] Thank you, Eric.

Peter: [00:30:30] We can thank you forever, but I'm sure you have stuff to do.

Eric Idle: [00:30:33] Oh, it's been a pleasure. Been nice talking to you all.

Dr. Kipper: Thank you, Eric. Love you.

Eric Idle: All right, David. Love you, too. See you soon. All right?

Dr. Kipper: [00:30:39] Okay. See you soon. Thank you.

Announcer: [00:30:44] The information on Bedside Matters should not be understood or construed as medical or health advice. The information on Bedside Matters is not a substitute for medical or health advice from a professional who is aware of the facts and circumstances of your individual situation. Thank you for listening. If you enjoyed the show, please share it with your friends. We'll see you next time.